

## PERFECTING THE SAINTS CHURCHINTERNATIONAL

# DEARDAUGHTER WOMENSMINSTRY INFORMATIONAL PACKET

NOVEMBER 23, 2019



## "Dear Daughter" Women's Ministry Pledge of Commitment

**Church Vison:** To teach the Word of God with Precision and Balance so that it may be applied to our everyday life. Thereby Equipping and Empowering the Saints to complete the works of service originated by our Lord and Savior Jesus Christ. Ultimately, assimilating and transforming all those we come in contact with through our behavior and the Gospel we share.

**Dear Daughter Mission:** To help women manage <u>ALL</u> life issues, through the understanding and practice of <u>FAITH</u> and the <u>POWER OF CHRIST</u>. This ministry serves to Enhance, Encourage, Rejuvenate and Educate the total woman; mind, body and spirit through the <u>WORD OF GOD</u>.

**Foundational Scripture:** Luke 8:48. And he said to her, "Daughter, your faith has made you well; go in peace."

## Women's Ministry Goals:

- Host monthly meetings to study, pray, share God's and serve (4th Saturday of every month).
- Increase women participation in serving the Lord.
- Support women in starting or maintaining an effective prayer life.
- Establish a place of peace for women to retreat to from their busy lives and share time with God while engaging in fellowship with other women believers.
- Foster opportunities where women can minister to other women and young ladies who may be in different stages of their lives.
- Create settings which allow women to use their gifts to help other women to Jesus Christ.
- Provide literature, guest speakers and retreats to assist women's spiritual growth and increase their understanding of health issues that effects their mind, body and spirit.
- Support our geographical and faith community

<ol> <li>I am committing to regular monthly meeting attendance as well as small group (if we decide to have these).</li> <li>✓ Try to do everything possible to be at every meeting. It is understood that from time to time, there will be unforeseen circumstances that may prevent a participation in an event or meeting. Should that occur, please contact the Women's Ministry Team Leader.</li> <li>✓ Please try to be punctual at every meeting as it shows respect to all others.</li> </ol>
2. I am committing to spiritual growth through involvement in Dear Daughter and taking an active and intentional role in bringing my fellow sisters along in their walk.
3. I am committing to a lifestyle that is godly, knowing that my lifestyle is a model for other women and that it communicates my commitment to Christ.
4. I am committing to pray for my fellow sisters as well as the women of the church.
5. I am committed to Loving God and loving people.
6. I am committed to keeping a teachable spirit.
7. I am committed to having the heart of a servant.

Print Name\_\_\_\_\_

Sign\_\_\_\_\_Date\_\_\_\_



## DEAR DAUGHTER WOMEN'S MINISTRY

## **EVENT SCHEDULE PLANNER 2020**

KEY EVENTS	DATE	TIME	KEY EVENTS	DATE	TIME
JANUARY FELLOWSHIP	1/25/2020	11:00AM-12:30PM	*RETREAT EVENT (LOCATION TBD)	7/24-7/25/2020	
FEBRUARY FELLOWSHIP	2/22/2020	11:00AM-12:30PM	AUGUST FELLOWSHIP	8/22/2020	11:00AM-12:30PM
HEALTH FAIR EVENT (SPEAKER)	3/28/2020	11:00AM-1:00PM	SEPTEMBER FELLOWSHIP	9/26/2020	11:00AM-1:00PM
APRIL FELLOWSHIP	4/25/2020	11:00AM-12:30PM	OUTREACH EVENT	10/24/2020	11:00AM-12:30PM
*TEA PARTY THEME ANNUAL EVENT	5/23/2020	11:00AM-12:30PM	NOVEMBER FELLOWSHIP	11/21/2020	11:00AM-12:30PM
OUTREACH EVENT	6/27/2020	11:00AM-1:00PM	*HOLIDAY EVENT	12/19/2020	11:00AM-1:00PM

- Fellowship gatherings are scheduled for the 4th Saturday of the month (exceptions Nov & Dec = 3rd Saturday)
- Each fellowship gathering will include a Message and a "Get to Know You" session
- > We will recognize birthdays by month at each gathering
- ➤ The anticipated costs for each fellowship gathering = \$5-\$7
- > \* Denotes events with a higher than normal fellowship cost
- > Please submit your ideas for outreach events
- > We welcome your suggestions for a mini retreat (leaving Friday AM-returning Saturday PM)

## Dear Daughter Getting to Know You Form

Your Name:	Email:								
Birthday:	Phone:								
Anniversary: Prior Mili	tary Service	_	1						
Your Age Group (Circle one): 18-2:	5 25-34 35-44	45-54	55-64	65+					
What is Your Favorite?									
Color(s) of Clothing:	Beverage:		Candy/Can	dy Bar:					
Color(s) for Decorating:	Holiday:		Animal:						
Season:	Dessert:		Jewelry:						
Flower:	Kind of Books/Au	ıthor:	Food/Restaurant:						
Kind of Music:	Magazines:		Others:						
Things you collect:									
T:									
List your favorite hobbies/pastimes:									
Where were you born:									
•									
If you had \$5 to \$25 to spend on you	irself, what would	you buy?	(circle iter	ms you prefer)					
Fingernail polish (specify color)	CI	CD's							
Writing pens	Fre	CD's Fresh Flowers							
Earrings (large, med, small)		Live greenery/plants							
Seasonal Decorations		Pictures/Plaques							
Gift Certificates for: ice cream/resta	urant Lo	Lotion/bath gels (scent):							
Perfume (scent)	T-s	T-shirts (what size):							
Note cards				rts (size):					
Candy	Ca	ndles (sc	ent):						
Picture Frames	Во								
Kitchen Accessories (towels, gadgets, etc)  Others:									
Names and birth-dates (day & month	n only) of spouse an	nd childr	en						
Please remember me in prayer this y	ear for the followin	g items:							



### **Leadership Contact Information Sheet**

Prayer & Finance Ministries: Minister Kahlila Carroll

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Pastors Personal Assistant (PPA) & Usher Ministries: Deacon Sarah Sabree

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Children's Ministry: Sister Marcella Carroll

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Media Ministry: Brother Marcellus Pleasant

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Music Ministry: Brother Lee Burrell

Phone: 678.472.0786

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Music Ministry: Sister Kimberly Burrell

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Dance Ministry: Sister Nicole Brown

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Deacons/Parking Lot/Security Ministry: Deacon James Phillips

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New Members Ministry: Nick Ndetti

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New Members Ministry: Gwen Ndetti

**Phone**: 706.992.7782

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Hospitality Ministry: Pastor Gloria Glover

**Phone**: 404.271.8010

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## DEAR DAUGHTER, DID YOU KNOW?

Monthly Newsletter | November 2019 | Volume 1 Issue 1

# Do You Know PASTOR GLORIA GLOVER

- 1. In what city was she born?
  - a. Atlanta, GA
  - b. Biloxi, MS
  - c. Miami, FL
- 2. <u>How long has she been in ministry?</u>
  - a. 17 years
  - b. 26 years
  - c. 18 years
- 3. What is her mother's name?
  - a. Helen
  - b. Grace
  - c. Gwen
- 4. <u>She holds a bachelor's degree</u> in which area?
  - a. <u>Healthcare</u> <u>Management</u>
  - b. <u>Healthcare Finance</u>
  - c. <u>Business</u> <u>Management</u>
- 5. <u>How long has she been</u> married to Pastor Jeffrey?
  - a. 22 years
  - b. <u>28 years</u>
  - c. 19 years

## WELCOME TO THE INAUGURAL EDITION OF DEAR DAUGHTER, DID YOU KNOW.

This newsletter will become a dynamic monthly publication designed to keep you empowered, engaged and informed.



Place your design feedback or thoughts in the drop box within the vestibule.

## HAVE AN IDEA FOR A TOPIC OR INFORMATION THAT SHOULD BE SHARED?

Submit ideas/articles to Sabrina Riddle by the  $5^{th}$  of each month <a href="mailto:sriddle1209@gmail.com">sriddle1209@gmail.com</a>, (404) 702-0703 or place your thoughts in the drop box within the vestibule

#### STANDARD NEWSLETTER SECTIONS WILL INCLUDE:

- **❖** A brief message from Pastor Gloria
- ❖ Do you know "person" game (answers in the next issue)
- **❖** Dear Daughter announcements
- ❖ Do you know "birthdays"
- "Look at God" testimonials
- **❖** Healthy living article (mind, body spirit)
- **...** Coming Attractions: Event reminders

#### **HEALTH**

1 Corinthians 6:19-20 <sup>19</sup> Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? <sup>20</sup> For you were bought at a price; therefore glorify God in your body [a] and in your spirit, which are God's.

**Question** How should I begin Weigh Down Low (WDL)?

Thanksgiving doesn't equate to overindulgence, nor does it mean that we prepare our food in ways that strip away all nutrtional value. Adding saturated fats, unrefined sugar and high sodium products only serve to hurt our bodies.

- Govern the <u>quality</u> of what you eat: Eating properly isn't difficult, you should choose foods from the basic food groups: milk and other dairy products, meat, fruits and vegetables, and grains and breads. Processed foods and sweets should not be the dominate source of your nutrition.
- Monitor the <u>quantity</u> of what you eat. Serving sizes/portions are important factors in your WDL journey.
   See the American Heart Association suggested guide for each food group <a href="https://www.heart.org/en/healthy-living/healthy-eating/eat-smart/nutrition-basics/suggested-servings-from-each-food-group">https://www.heart.org/en/healthy-living/healthy-eating/eat-smart/nutrition-basics/suggested-servings-from-each-food-group</a>. Remember Moderation!
- Just move... Let me say it again... Just move! Our bodies were not designed by the Master Creator to be sedentary. I once read about a lady who simply walked around her apartment for 30 minutes each day because she could not get outside. This small act had a significant impact on her physical health, resulting in lower cholesteral & blood pressure, improved arthritis symptoms, lower heart rate and wieght loss!

**Reflection**: What steps are you willing to take right now to affirm your committment to improved health?

#### **WEALTH**

*Proverbs 22:7 <sup>7</sup> The rich rule over the poor, and the borrower is slave to the lender.* 

**Question:** How should I manage holiday spending?

As the holiday season approaches, ensure that you have developed a healthy relationship with money. Drawing more wealth and prosperity towards you means having good money habits.

- ✓ Have set spending limits and do not stray from them
- ✓ Track your spending
- ✓ Make your own gifts or write letters, those are truly priceless
  - ✓ Only spend what you have in your bank account. This means not using credit to purchase gifts.

When you buy a \$20 gift on credit, you are agreeing to pay the credit card company that \$20, plus another 20% or so in interest each month until the balance is paid off. Unless you're able to pay off the balance of your credit card in full when the next bill arrives, you could still be paying for that \$20 gift thirty years from now! <a href="https://www.thespruce.com/ways-to-curb-holiday-spending-2997564">https://www.thespruce.com/ways-to-curb-holiday-spending-2997564</a>

**Reflection**: Do you want to be enslaved to a lender (mammon) because you allowed debt or gift giving guilt to make you a servant?

#### LOVE

Matthew 5:14-16 (NKJV) <sup>14</sup> "You are the light of the world. A city that is set on a hill cannot be hidden. <sup>15</sup> Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. <sup>16</sup> Let your light so shine before men, that they may see your good works and glorify your Father in heaven.

**Question:** What does it mean to be "the light of the world?"

Our Pastor Jeffrey Glover writes in his book Goverened by Love... "The love on the inside of a Believer is like a lighter that ignites a flame. Once lit, this flame produces an attractive light that is undenieable to the world. This light serves as the

identyfying mark of the Christian, which points those who do not know the Lord to the Lord Jesus Christ. The measure of love operating in you determines the intensity of your light."



Rachel Stewarts - Nov 10th

Ashley Tatum - Nov 11th

Sierra Stewarts - Nov 18th



We solicit your prayers for our full body of Believers. We ask specifically that each member of PTSCI continue to:

Grow in the Grace and Love of God!

Perfecting The Saints Church International

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**Reflection**: Examine yourself, is your light bright enough for others to see the god in you?

